#### **ELEMIS FACIALS**

30minutes £45 50minutes £70 75minutes £80

# Pro Glow Brilliance 30min / 50min

Your recipe for radiance! Awaken dull lack lustre complexions with this radiance boosting facial. Enabling this skin to replenish moisture for a visibly brighter and healthier appearance.

# Pro Glow Smooth 30min / 50min

The Ultimate HIT workout for your skin! This powerful anti-ageing facial smoothes the look of fine lines and wrinkles, fills our expression lines and plumps skin with optimal hydration to reveal a youthful appearance.

# Pro Glow Resurface 30min / 50min

Reveal stunningly smooth skin! Transform the skins texture whilst minimising the look of uneven skin tone, enlarged pores and congestion for a renewed, stunningly smooth complexion.

### Pro Glow Genius 75min

The ultimate age defying experience! With pro-collagen formulas this ultimate high performance restores bounce and resilience whilst smoothing, firming and illuminating the skin, for maximum multifaceted rejuvenation in just one treatment.

Facial Packages available, pay for 5 get your 6th one free +25% off all Elemis products



#### **Manicures & Pedicures**

Standard Manicure or Pedicure no polish soak, cut, file, cuticles, massage £25

Standard Manicure or Pedicure with polish £28 soak, cut, file, cuticles, massage and polish (foot filing)

Luxury Manicure or Pedicure

Basic or extended bikini wax from £15

£30

£22

£22

£40

Brazilian / Hollywood

Chest & back wax

Chest wax

Back wax

with polish £38 with CND Shellac £40

soak, cut, file, cuticles, exfoliation, massage, heated booties/mitts, (foot filing), polish

CND Shellac Manicure or Pedicure £30 cut, file, cuticles, application of gel polish designed to last upto 2 weeks

CND Shellac removal and reapplication £31 removal of CND shellac, cut, file, cuticles, reapplication of shellac

CND removal £20 removal of CND shellac that has been applied at TOR with standard manicure included and strengthener applied

#### Hair removal

Facial waxing / Threading	Electrolysis
1 area £10	Patch test and consultation must
2 areas £13	be done beforehand.
3 areas £16	Using a fine needle for immediate skin tag removal, and
Underarm wax £10	hair removal using a fine wire
1/2leg £20	over a number of treatments
Full lea £30	

£1 per minute (min 10 mins)









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## **Remedial Massage**

Pressure Light/Medium

Using Grapeseed oil and a combination of techniques to ease stress and tension

30minutes £38 45minutes £46 60minutes £53

# **Aromatherapy Massage**

Pressure Light/Medium

Using a choice of Aromatherapy oils to suit your needs to help you relax and unwind, along with a combination of techniques to help ease stress

30minutes £40 45minutes £48 60minutes £56

### **Deep Tissue Massage**

Designed specifically for people who suffer with aches & pains. A fully freestyle Massage including using forearms, elbows and knuckles to get into tight muscles whilst using Aromatherapy oils.

30minutes £46 40minutes £51

# **Hot Stone Massage**

The ultimate heat treatment using Basalt Stones that retain the heat. This treatment involves massaging with the stones to obtain the deepest levels of relaxation for the muscles.

30minutes	£46
45minutes	£55
60minutes	£65

### Specialist Massage

# **Hydrotherm & Tranquil Touch £65 (60minutes)**

This unique Massage is performed on top of a heated water-style bed layer. Supporting your spine for the perfect alignment whilst being led on your back the entire treatment, we are still able to work on the back as well as the rest of the body whilst working deeply into the muscles taking you to another place of relaxation .

Tranquil Touch is a Hydrotherm Massage, but specifically for anyone undergoing cancer treatment without the need for a doctors note. This treatment aims to provide a caring, informed massage to alleviate symptoms of discomfort caused by treatment you maybe undergoing.

# Pregnancy Massage £50 (45minutes) Ultimate Pregnancy Massage £70 (75minutes)

During this Massage you will bed led on both sides and cradling the pregnancy pillow for the ultimate comfort and to allow us to reach areas which need it the most This Massage covers back, neck, shoulders, legs and arms and uses Elemis Body Oils.

The Ultimate Pregnancy Massage also includes a foot massage, along with an Elemis Taster Facial with hair & scalp massage for the ultimate pregnancy pamper.

Must be 12weeks+ and have verbal or written consent from midwife.

Massage packages available, pay for 5 get your 6th one free cannot be used in conjunction with any other discount

## **Pro Glow Couture £72 (60minutes)**

Combining a back of the body Hot Stone Massage with a 30minutes prescriptive anti-ageing Facial to send you to a place of deep relaxation

### **Hopi Ear Candling £40 (45minutes)**

A candle is rested within the ear and lit working to draw out congestion. The heat and oils work to rebalance pressure and stimulate the blood lymph. This treatment includes a deep facial massage to help relieve congestion around the sinuses.

### **Reflexology £45 (40minutes)**

A non intrusive complimentary health therapy. Based on the theory that different points on the feet correspond to different areas on the body, we can work on areas of the body that cannot be reached through traditional massage to promote better health and wellbeing.

# Eye treatments Patch test required 24hours prior to tinting and extensions

Eyebrow tint £12
Eyebrow tint & tidy £20
Brow lamination £35

Eyelash tint £18
Eyelash lift & tint £40
Eyelash tint, brow tint & tidy £30

### **Express lash extensions £35 (45minutes)**

Volume lashes applied to every other natural lash, great for occasions or holidays. Designed to last 1-2 weeks